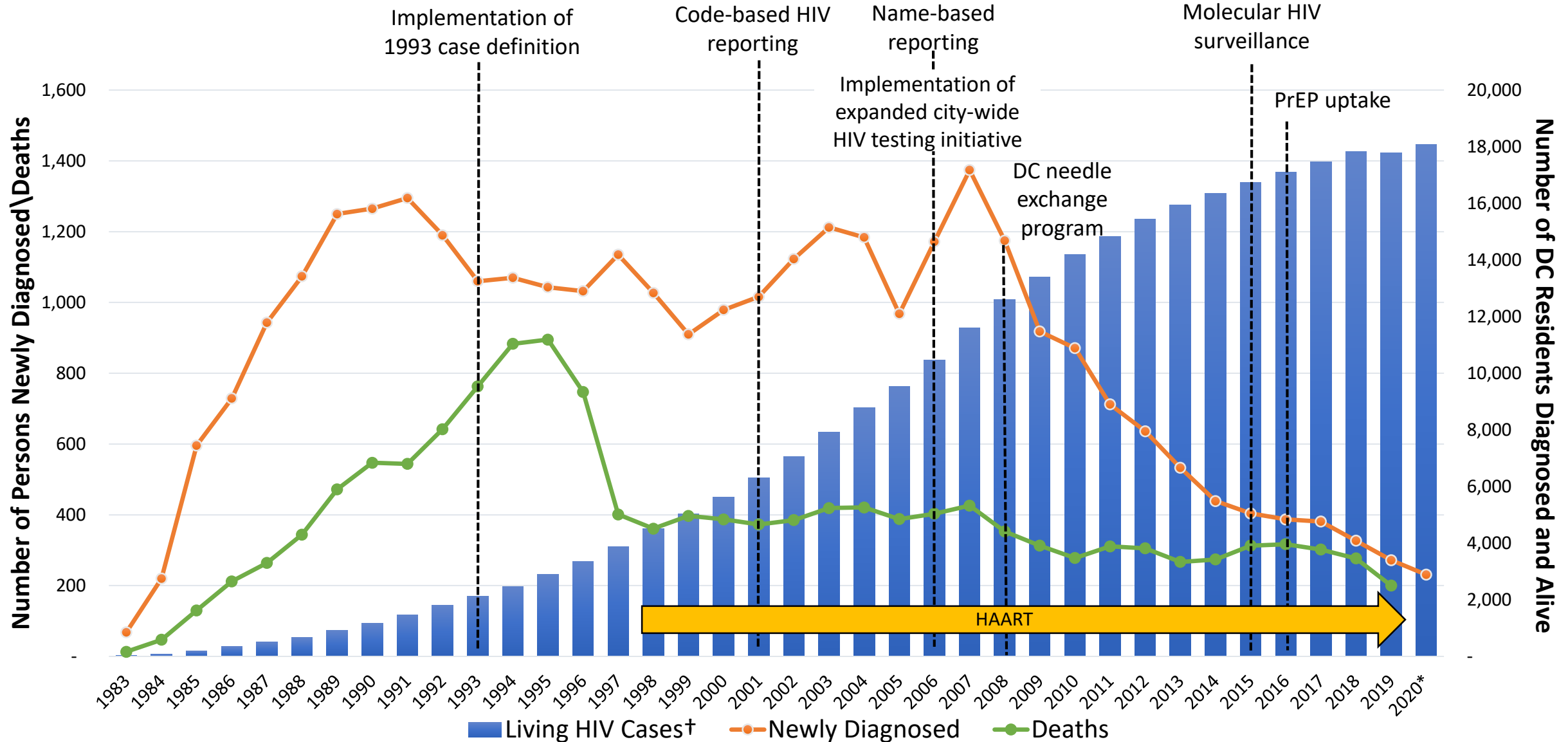


# DC Housing Models to End the HIV Epidemic

Anthony Fox  
HIV/AIDS, Hepatitis, STD, and TB Administration  
DC Department of Health

# DC HIV Overview

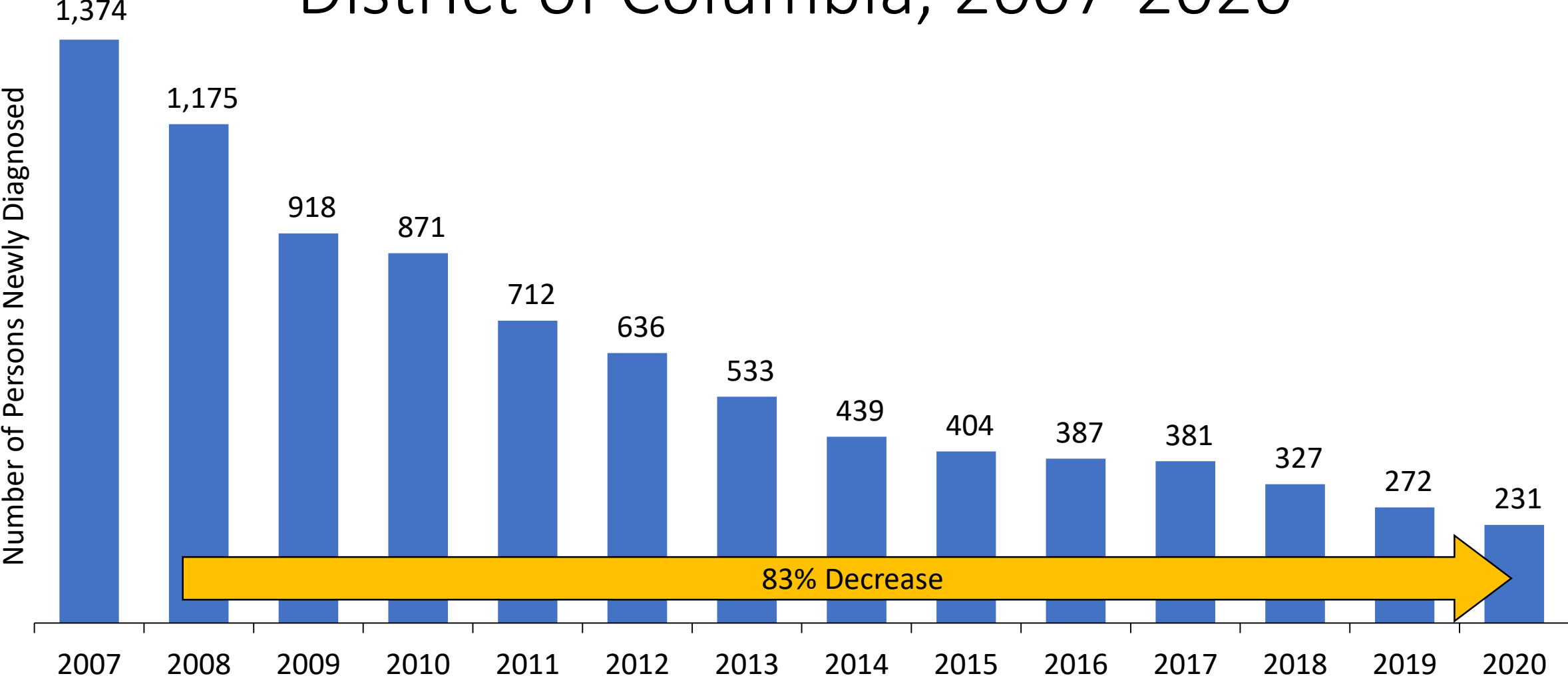
# Newly Diagnosed HIV Cases, Deaths, and Living HIV Cases, by Year, District of Columbia, 1983-2020



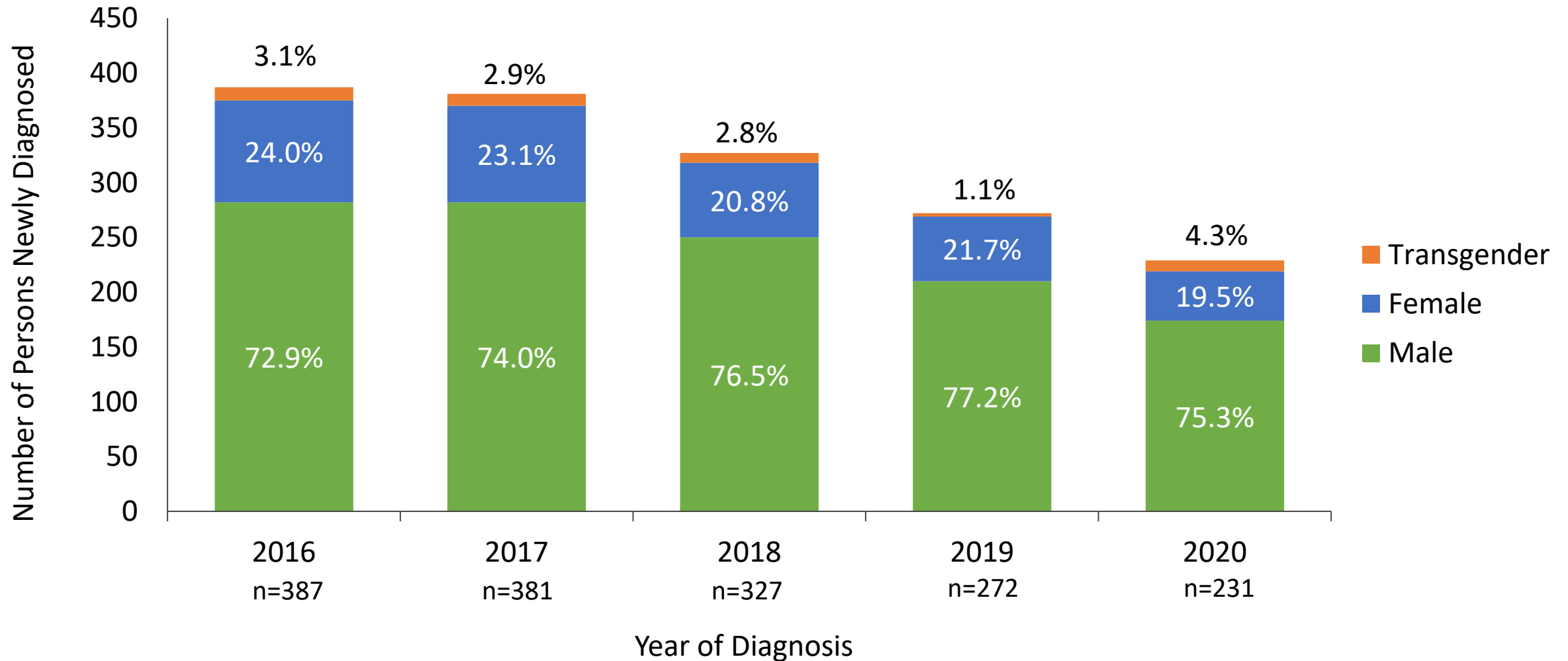
† Living HIV cases who were DC residents at diagnosis

\* 2020 deaths not available at time of publication

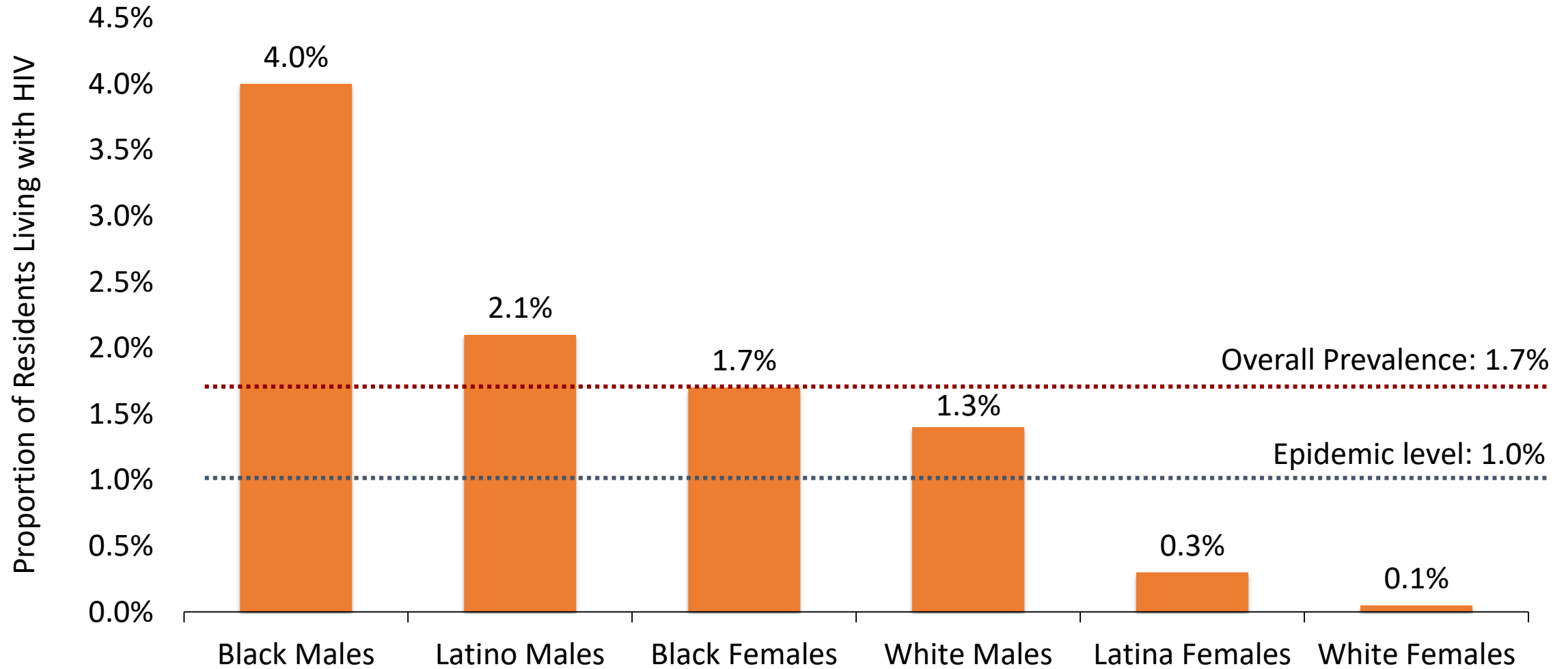
# New HIV Diagnoses by Year of Diagnosis— District of Columbia, 2007-2020



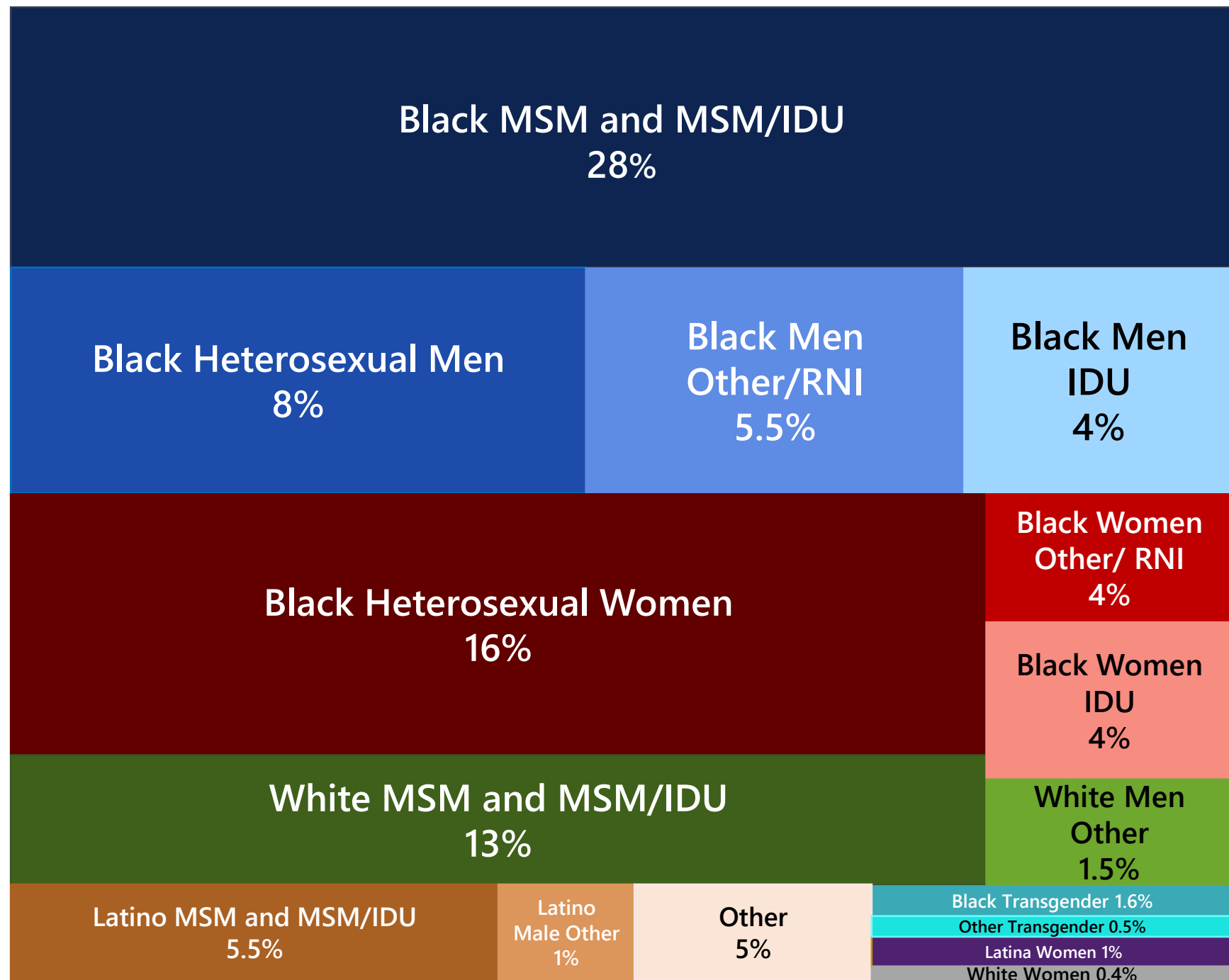
# New HIV Diagnoses by Year and Gender Identity— District of Columbia, 2016-2020



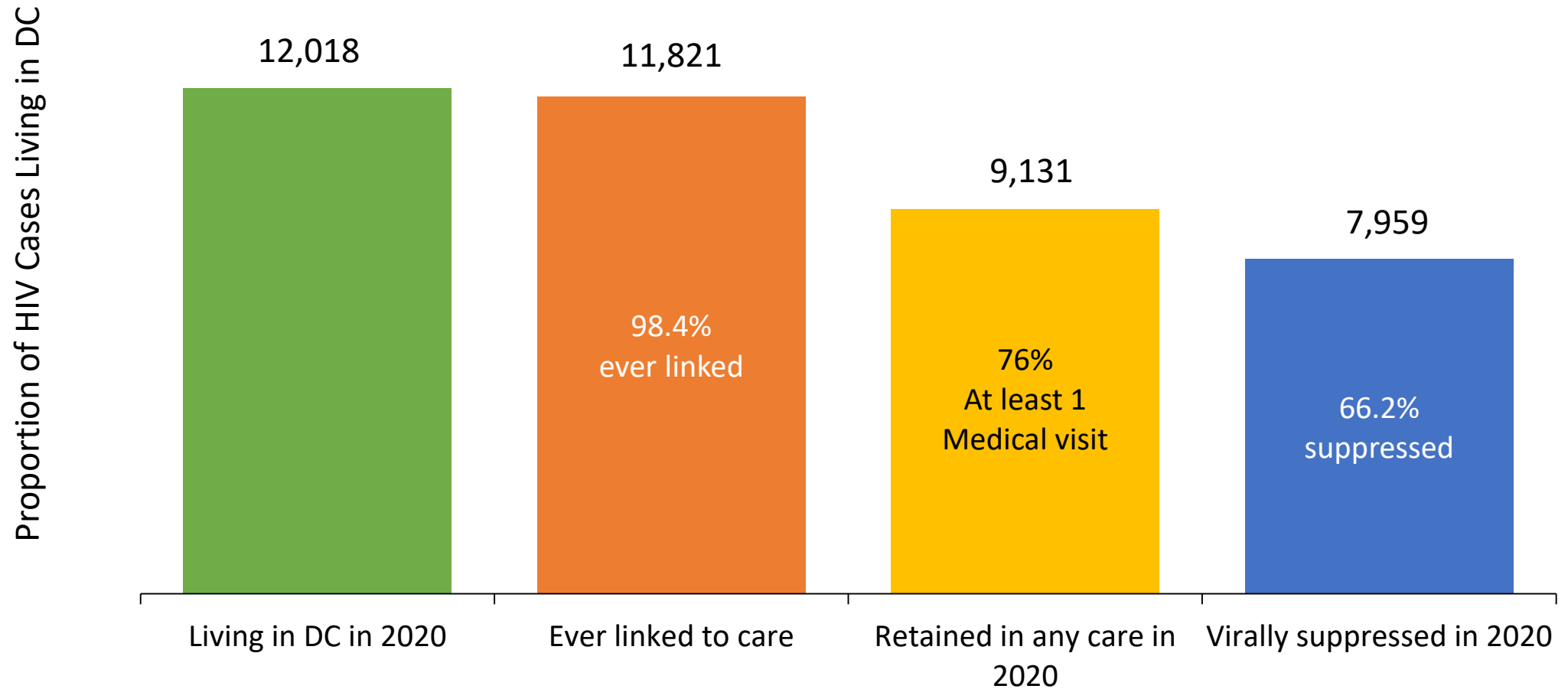
# HIV Prevalence by Race/Ethnicity and Gender Identity, District of Columbia, 2020, n=12,164



Proportion of HIV Cases Living in DC, by Race/Ethnicity, Gender Identity and Mode of Transmission, District of Columbia, 2020 (n=12,164)



# HIV Care Continuum—District of Columbia, 2020 (n=12,018)



**Retained in any care:** having had at least 1 CD4 test or VL test in 2020

**Retained with >1 medical visit:** having had at least 2 CD4 tests or VL tests in 2020

**Virally suppressed:** having a viral load of <200 copies/mL in 2020



# Ending the Epidemic

Ending the HIV Epidemic Measures	2015	2016	2017	2018	2019	2020	2030 Goal
Goal #1: 95% of HIV-positive District residents know their status	86%	86%	87%	88%	90%	PENDING	95%
Goal #2: 95% of District Residents living with HIV are in treatment	73%	76%	77%	77%	80%	76%	95%
Goal #3: 95% of District residents living with HIV who are in treatment reach viral suppression	78%	82%	84%	85%	87%	87%	95%
Goal #4: Reduction in new HIV diagnoses	399	379	371	335	282	231	130

# DC Ends HIV Plan



First plan: 90/90/90/50 Plan (December 2016)

Updated plan: DC Ends HIV (December 2020)

- **Community Engagement: >50 sessions, >750 persons**
  - Cross-cutting themes: Stress, Connection, Culture, Identity, Structural Issues, Social Determinants (housing)
- **Key Strategies**
- **Goals by 2030**
  - <130 new diagnoses per year
  - 95/95/95 HIV continuum
  - >13,000 people on PrEP
- **Community Platform**
  - [DCEndsHIV.org](http://DCEndsHIV.org)



# DC HAS REACHED THE NEXT PHASE IN OUR PLAN TO END THE HIV EPIDEMIC.

**YOUR IDEAS** MADE IT WHAT IT IS TODAY.



DC | HEALTH



## WHAT'S NEW

### WHERE WE ARE

DC Health encourages people to use the information and ideas on this site to start and continue conversations with their communities about their health, their concerns, and their lives.

Interested in joining the conversation? Register for an upcoming DC Health community engagement event.

### RECENTLY UPDATED

- Community Providers - COHAH
- Community Providers - Community Organization Middle Management Staff
- Community Providers - DC Health HAHSTA Staff
- Community Providers - Older Adult
- Community Providers - Returning Citizens
- Community Providers - Substance Use Disorder



# Status Neutral

Prioritizes the engagement of both people living with HIV and persons with risk behavior for HIV through a status-neutral approach. Focuses on activities that meet the needs of focus populations overall, rather than dividing services into either HIV prevention or HIV care.



# Status Neutral

## Core Elements

- Integrated services
- Biomedical: Rapid ART, PrEP/PEP
- Individualized whole person wellness
- Trauma informed approach
- Culturally responsive and flexible
- Comprehensive harm and risk reduction
- Non-traditional engagement
- U=U
- Community engagement

# Housing as an approach for Ending the Epidemic



# Current Housing Models

Housing Independence Through Employment (HITE)  
Sustainable Housing Assistance Rental Program (SHARP)  
Transitional Opportunity Program (TOP)

# HITE

The Housing  
**INDEPENDENCE**  
Through  
Employment  
Program (HITE)



- Program Terms
  - Motivated individuals living with HIV
  - NTE 24 months
  - Employment as pathway to housing stability
- Program Components
  - Program agreement – Transparency
  - Lease in participant name
  - 100% rent covered
  - Escrow account
    - 30% income
    - All funds to individual
  - Housing Stability Plan
  - Case management





# HITE (continued)

- Program Components
  - Financial literacy/management counseling
  - Housing counseling
  - Transportation assistance
  - Participant group meetings
  - Resource coordination
    - Employment agencies
    - Mental health providers
    - Small business trainings
    - Mindfulness tools
  - Psychosocial assessment
  - Correction plans

The Housing  
**INDEPENDENCE**  
Through  
Employment  
Program (HITE)



# HITE (continued)

The Housing  
**INDEPENDENCE**  
Through  
Employment  
Program (HITE)



- Outcomes

- Income increases
- Personal capital development – escrows \$3,353-\$21,807
- Health maintenance
- Life skills/financial literacy development
- Advanced education – undergraduate and graduate degrees

- Lessons Learned

- Balancing requirements with independence goal
- Participant assessment/appropriateness
- Timelines



# SHARP

Sustainable  
Housing  
Assistance  
Rental  
Program



- Program Terms
  - Temporary rent subsidy for people living with HIV
  - NTE 24 months
  - Reduce rent burden, stabilize health, housing stability, household saving
- Program Components
  - Rent burden: 40%
  - Rental assistance: NTE 40%
  - Housing Stability Plan
  - Case management
- Outcomes
  - 100% successful program completion

# TOP



- Program Terms
  - Homeless or at-risk of homeless people living with HIV
  - NTE 18 months
  - Achieve housing stability
- Program Components
  - Scattered site, master lease model furnished apartments
  - Case management
  - Housing Stability Plan
  - 40 hours per week of structured activities
- Outcomes
  - Increased income
  - Improved credit
  - Viable housing options





# Planned Housing Models

PrEP and Housing  
Integrated Case Management Care Teams

# PrEP Housing



- Background
  - Young men who have sex with men of color highest proportion of new HIV diagnoses
  - Housing instability
- Program Components
  - Master lease model
  - Initial pilot: 8 participants
  - NTE 24 months
  - Case management
    - Behavioral health and wellness
    - Employment
    - Education
    - Sexual health





# Integrated Care Team

- Model
  - Joint team case managers cross programs: medical, non-medical, housing
  - Meet individual client needs
- Proposed Outcomes
  - Health
    - Increased viral suppression
    - Medication adherence
    - Routine clinical appointments
  - Psychosocial
    - Increased emotional and mental wellness
    - Harm reduction: substance use
    - Housing stability

# Questions/Thank You

- Contact information
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