

OVERVIEW OF THE BALTIMORE CITY PUBLIC BEHAVIORAL HEALTH SYSTEM



WHAT IS BHSB?

Behavioral Health System Baltimore (BHSB) is the local behavioral health authority for Baltimore City.

BHSB is responsible for managing grant funds for behavioral health services and providing general system oversight and management.

Maryland Department of Health (MDH)

Behavioral Health Administration (BHA)

**Behavioral Health
System Baltimore (BHSB)**

Behavioral Health
Providers

BEHAVIORAL HEALTH SYSTEM BALTIMORE

- **Ensures access** to a full range of quality behavioral health services
- **Advocates** for policies to advance prevention, early intervention, treatment and recovery
- **Collaborates** with system partners improve access to care
- **Strengthens communities** by supporting behavioral health and wellness

IMPACT OF THE WORK



FUNDING & STRUCTURE OF SERVICES

Fee-for-Service Programs

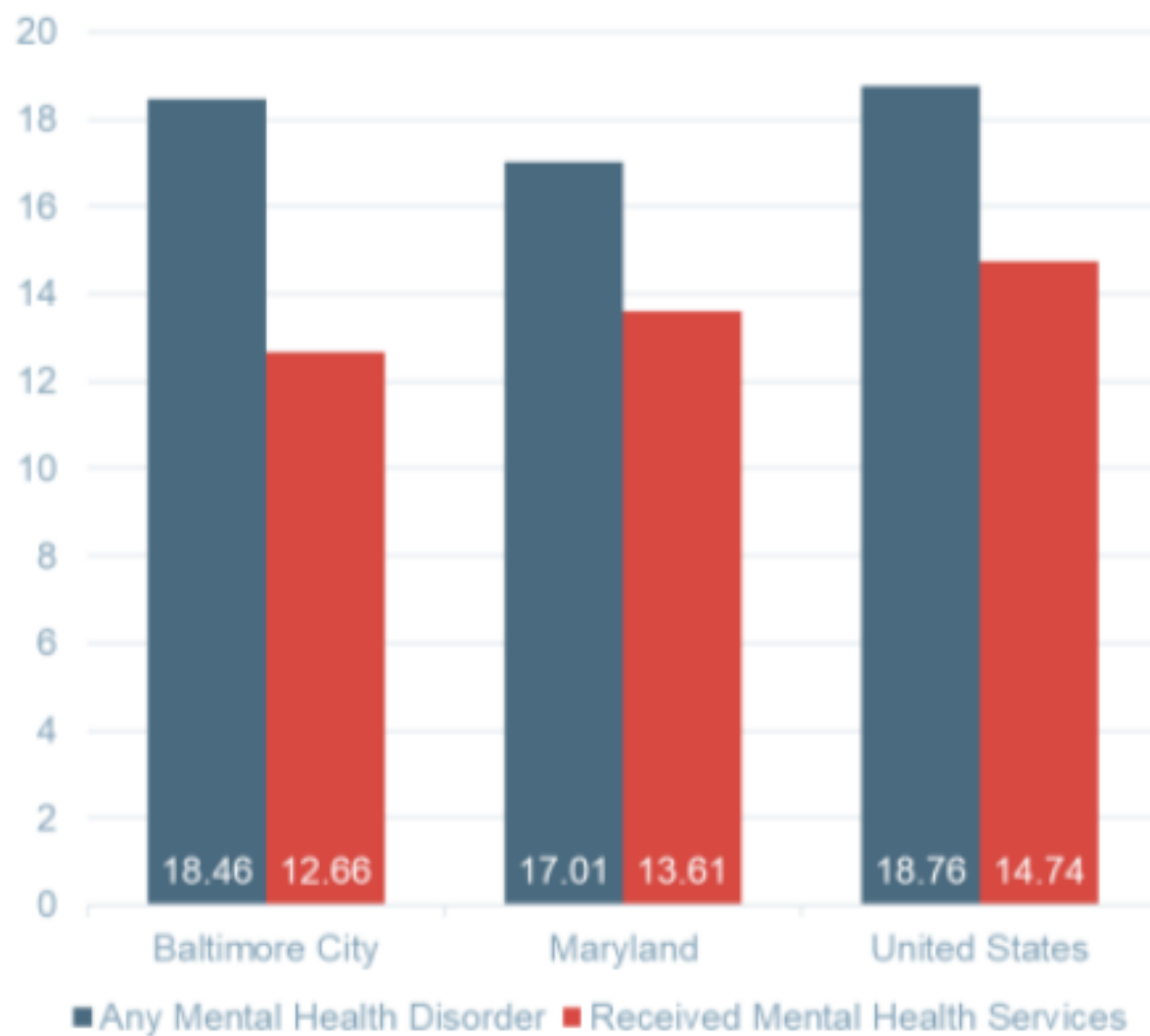
- Services paid for by insurance (Medicaid, Medicare)
- Some funds for people without insurance or insufficient insurance
- Network of providers

Grant-Funded Programs

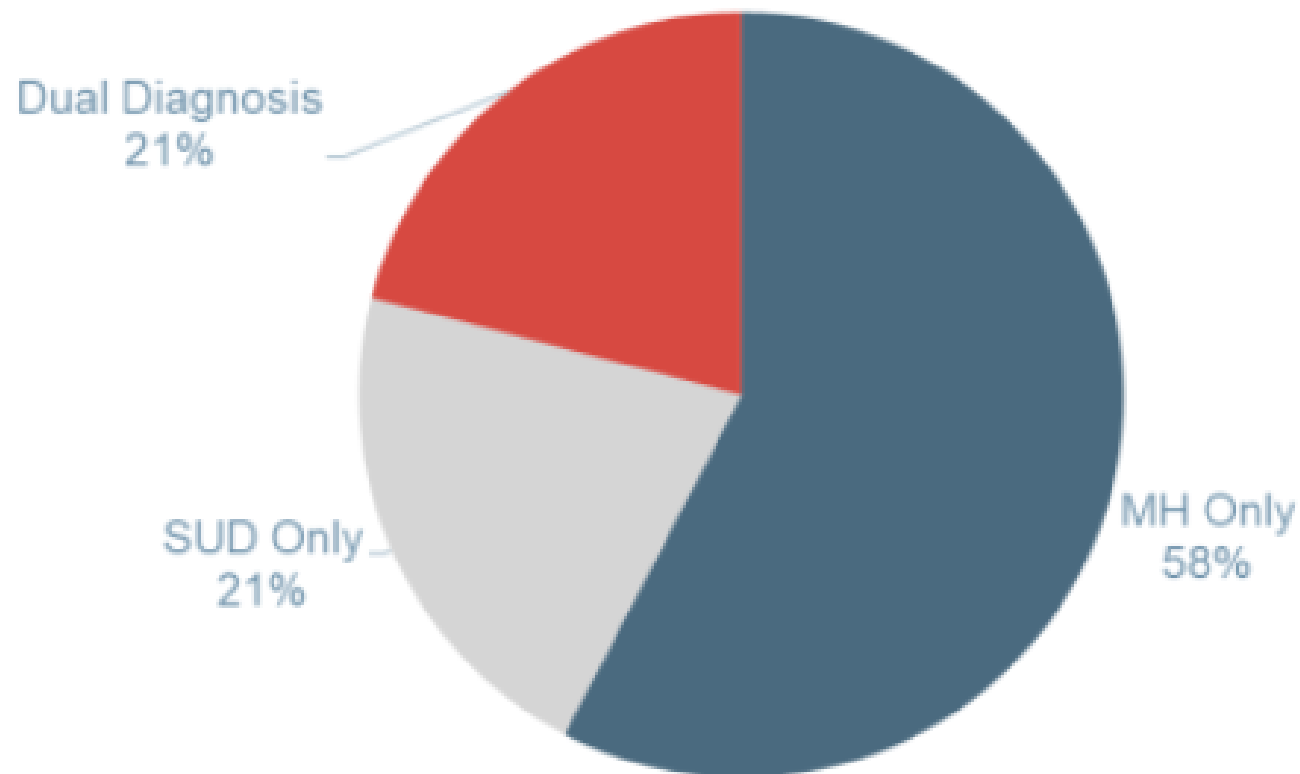
- Provides services not reimbursable by insurance
- Fills gaps in the “fee-for-service” system
- Pilot or specialty programs
- Services for people who are uninsured or underinsured

BEHAVIORAL HEALTH IN BALTIMORE CITY: BY THE NUMBERS

Percent of Population with Mental Health Disorder vs. Receiving Mental Health Services, 2016-2018

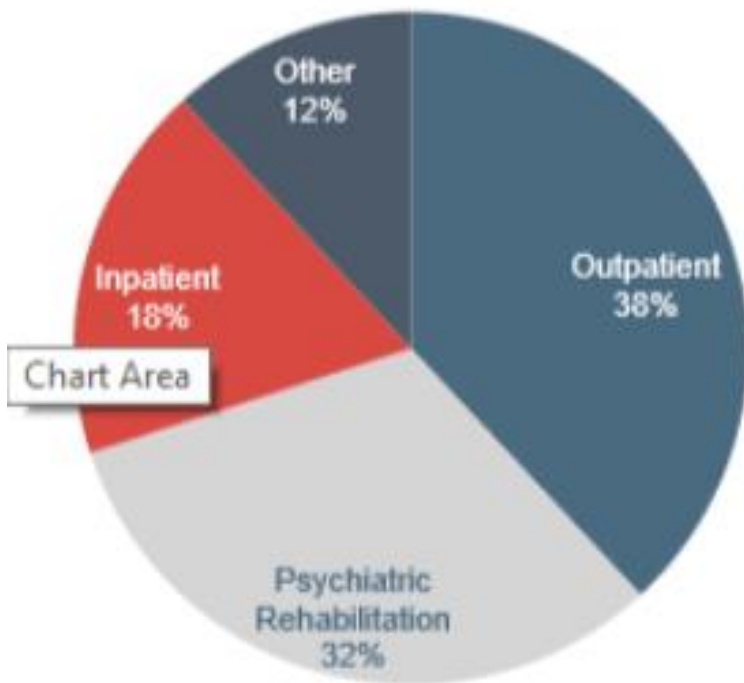


Mental Health & Substance Use Disorder Consumers in Baltimore City – FY21 (Claims paid through 9/19/2021)

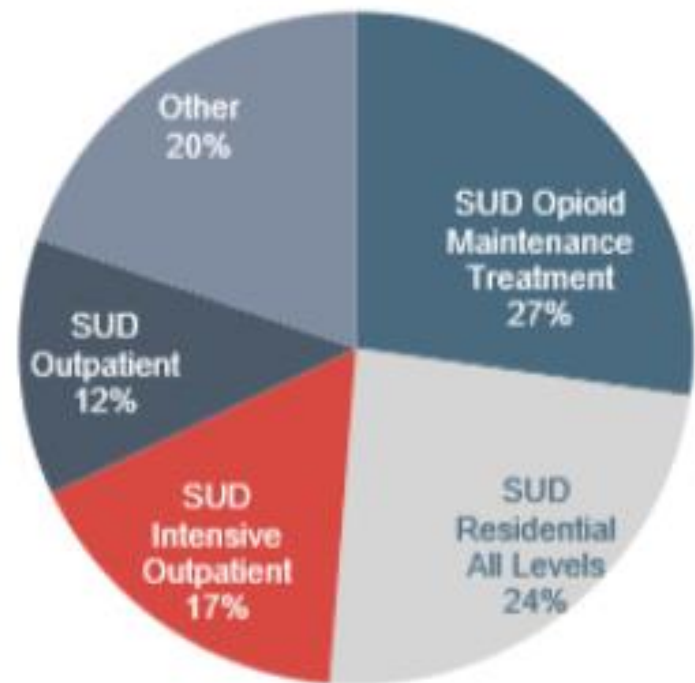


PUBLIC BEHAVIORAL HEALTH SYSTEM EXPENDITURES IN BALTIMORE CITY – FY21 (CLAIMS PAID THROUGH 9/21/21)

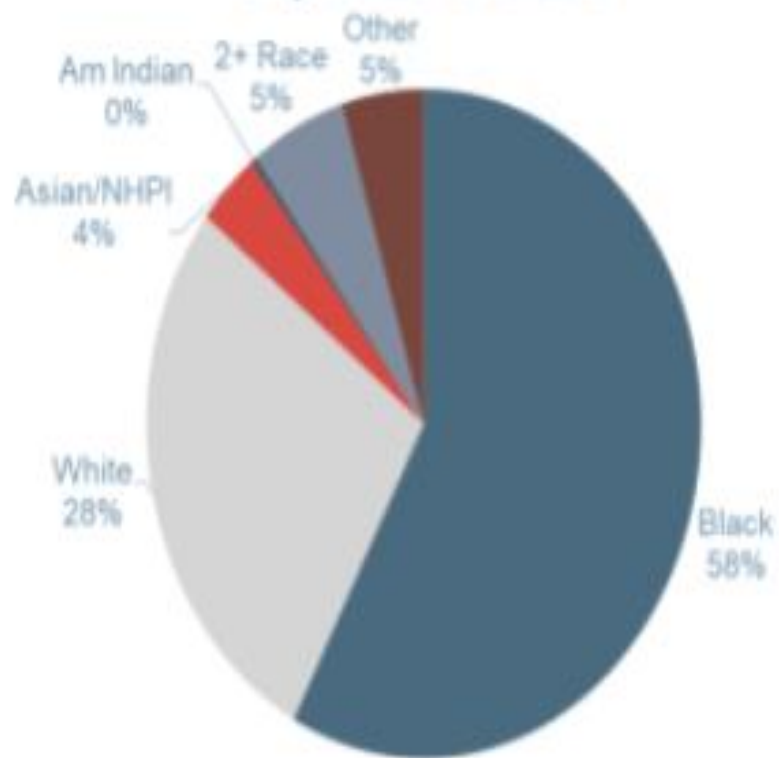
Mental Health
\$397,904,954.08



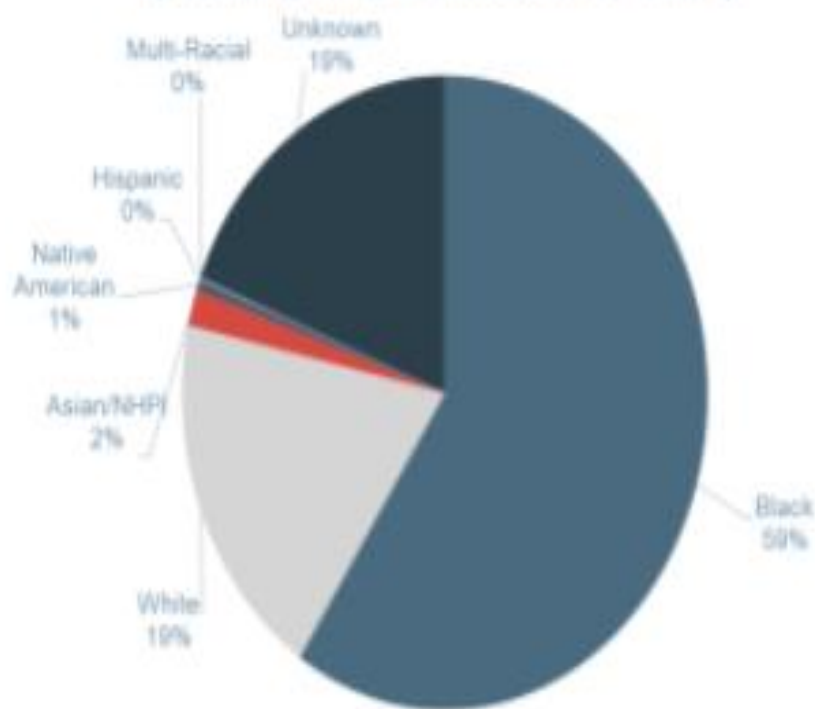
Substance Use
\$194,389,353.72



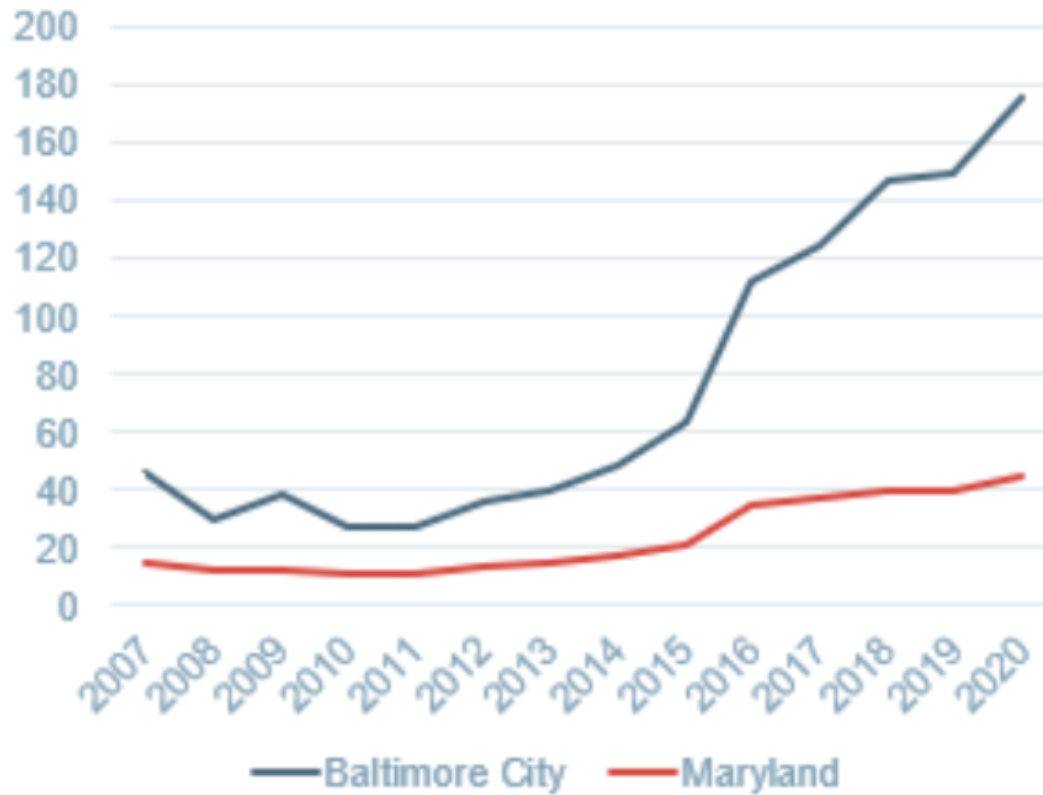
Racial Breakdown of Baltimore City, 2020 Census



RACIAL BREAKDOWN OF CONSUMERS OF THE PUBLIC BEHAVIORAL HEALTH SYSTEM – FY21 (CLAIMS PAID THROUGH 9/19/21)



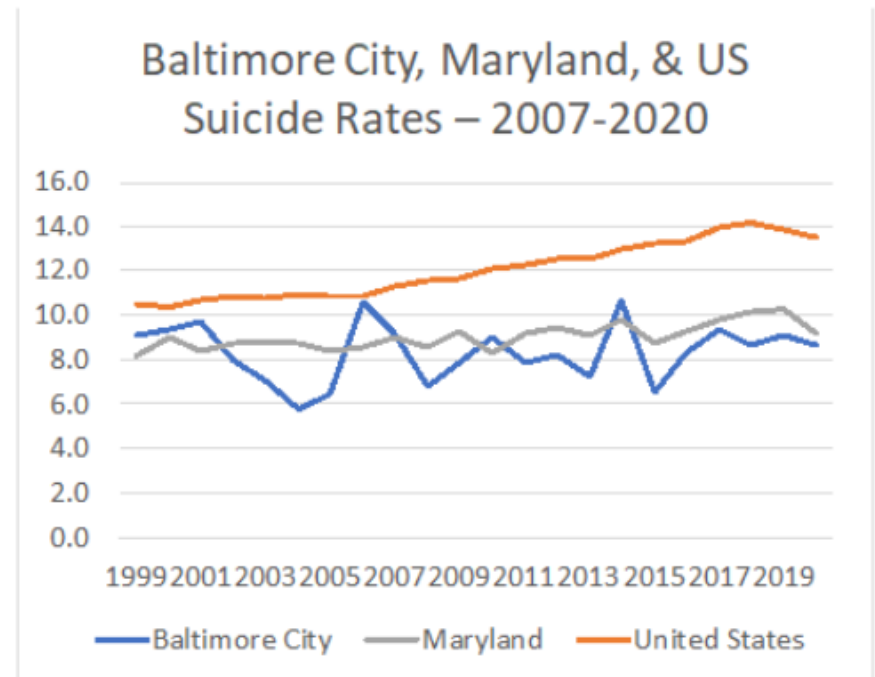
Baltimore City and Maryland Overdose Fatality Rates – 2007-2020



Unintentional Drug- and Alcohol-Related Intoxication Deaths in Maryland, 2020 Annual Report, Maryland Department of Health, June 2021

SUICIDE

- Suicide rates have been steadily increasing in the United States. According to the CDC, suicide rates have increased 30% since 1999.
- The rates of youth suicide are significantly higher in Baltimore than the rest of the state. In 2017:
 - **31.9%** of Baltimore high school students felt sad or hopeless
 - **19.2%** have seriously considered suicide
 - **16%** have made a plan about how they would attempt suicide



TRAUMA

- In Baltimore, **42%** of adults have experienced three or more ACEs, compared to **24%** Statewide.
- Exposure to poverty or racism directly contributes to ACEs. In Baltimore **24%** of people live below the poverty line compared to **9.9%** of people statewide
- There is a strong, graded relationship between ACEs and behavioral health problems including:
 - ACEs increase the risk of suicide attempts by **2 to 5 fold**
 - Each ACE increases the likelihood of early initiation into illicit drug use by **2 to 4 fold**

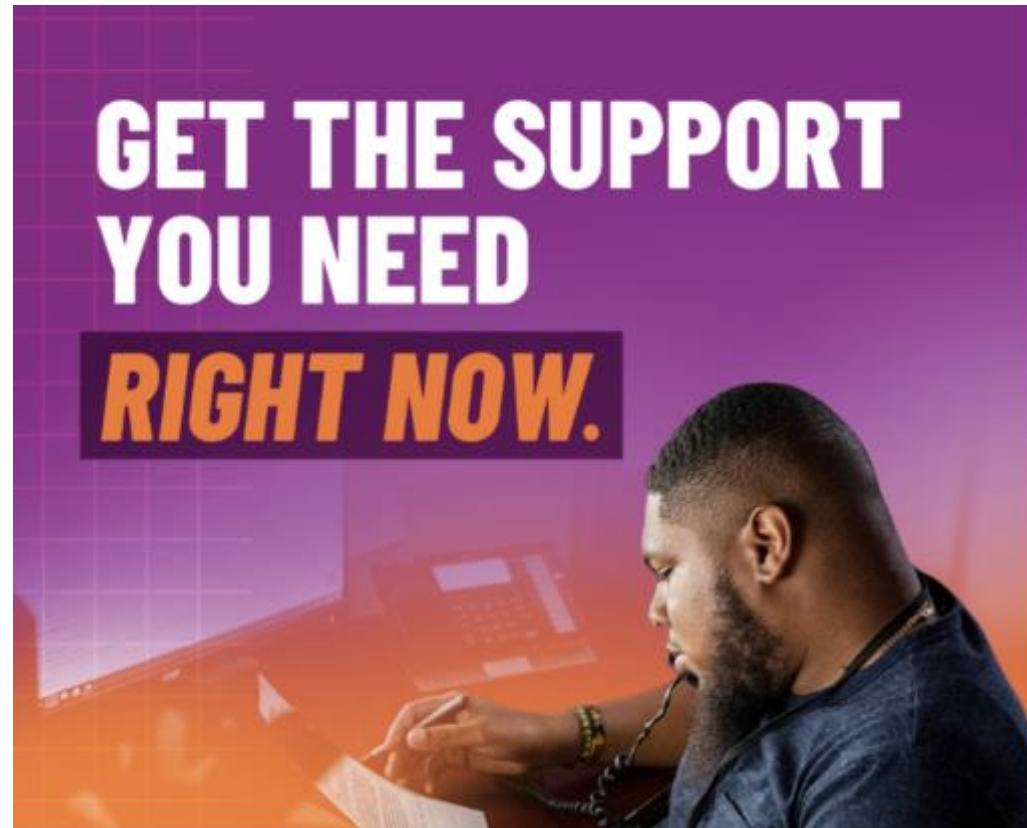
BEHAVIORAL HEALTH CARE IN BALTIMORE CITY

What's available and how to access it

HERE2HELP HOTLINE

410-433-5175

- Rebranded behavioral health hotline for Baltimore City
- 24/7 access
- Provides counseling and emotional support, suicide prevention and crisis intervention, help accessing mental health or SUD services
- Provides follow-up to check that callers are connected with supports
- Multilingual interpreters available



410-433-5175

ACUTE CARE (MH)

*These are a combination of
grant-funded and fee-for-service
programs.*

- **Inpatient Hospital Care**
 - State hospitals, local psychiatric hospitals, general hospitals
- **Partial Hospital Programs**
- **Baltimore Crisis Response, Inc. (BCRI)**
 - 24/7 Here2Help line
 - Face-to-face crisis assessment (mobile)
 - Brief intervention in the community (mobile)
 - Residential crisis care
- **Baltimore Child and Adolescent Response System (B-CARS)**
 - Accessed through Here2Help Line
 - Community based psychiatric urgent care facility and stabilization services
 - Foster Care placement stabilization in partnership with Baltimore City Department of Social Services (DSS)
 - Emergency school response services in partnership with Baltimore City Public Schools

ACUTE CARE (SUD)

*These are a combination of
grant-funded and fee-for-service
programs.*

- **Stabilization Center**
 - 6-10 hour stay for persons under the influence of drugs/alcohol do not require medical care.
- **Withdrawal Management**
 - Setting (outpatient or inpatient) and length of stay (5-30 days) varies depending on the level of withdrawal and need for medical monitoring.
 - Includes monitoring of withdrawal symptoms and an assessment and individualized treatment plan for ongoing care.
- **Inpatient/Residential Treatment**
 - Client assessed as unstable in more than one dimension of: withdrawal; medical complications; cognitive, behavioral, or emotional conditions; readiness to change; relapse potential; and recovery environment.
 - Client requires 24-hour care.
 - Staffing models and program structure vary by the level of need as indicated in the assessment.

ONGOING CARE (MH)

Intensive Community-Based Services

*These are a
combination of grant-
funded and fee-for-
service programs.*

- **Capitation Project**
- **Assertive Community Treatment (ACT)
and Mobile Treatment**
- **Outpatient Civil Commitment (OCC)**

ONGOING CARE (MH & SUD)

**Outpatient,
Case
Management/
Care
Coordination,
Rehabilitation**

*These are a combination of
grant-funded and fee-for-service
programs.*

- **Outpatient Mental Health Centers (OMHC) and Group Practices** – for children and adults
- **Federally Qualified Health Centers (FQHC)**
- **Outpatient Substance Use Treatment (OP) and Intensive Outpatient Treatment (IOP)** – a structured program of case management; individual, group, and family counseling; and education for 6-20 hours per week.
- **Medication-Assisted Treatment** can be combined with outpatient treatment.
- **Psychiatric Rehabilitation Programs (PRP)**
- **Case Management** for adults and **Care Coordination** for children & adolescents

ONGOING CARE (MH & SUD)

Residential

These are a combination of grant-funded and fee-for-service programs.

- **Residential Rehabilitation Programs (RRP)** – rehabilitative programs in residential settings that support individuals with serious mental illness to live independently

WELLNESS AND RECOVERY SUPPORTS

Peer support programs that reduce stigma and isolation by offering 1:1 support, social connections, and communities supportive of recovery.

These are grant funded.

• **Wellness & Recovery Centers**

- (West) [Penn North Recovery](#) 2401 Pennsylvania Ave
- (East) [Charm City Care Connection](#) 1212 N Wolfe St
- (North/Central) [HOPE](#) 2828 Loch Raven Blvd
- (LGBTQ/Central) [Hearts and Ears](#) 611 Park Ave, Suite A
- (Central/NE) [On Our Own](#) 6301 Harford Rd

• **Clubhouses, and other Peer Supports**

- [Progressive Life Center Adolescent Clubhouse](#) (12-17 year-olds engaging in high risk behaviors) 2641 Maryland Ave.
- [B'more Clubhouse](#) (Adults with SMI) 9 East Franklin St.
- [NAMI Metro Baltimore](#) – support groups and classes for persons with mental illness and their families

WELLNESS AND RECOVERY SUPPORTS

**Housing and
Employment** programs
that address social
determinants of
behavioral health.

*These are grant-funded
except where indicated.*

• **Permanent Housing**

- **Main Street Housing** ([apply online](#))
- **CoC Programs** (for persons experiencing homelessness)
- Some high-intensity services, such as ACT and Capitation, have access to funding that can be used for permanent housing

• **Supported Employment**

- Medicaid-funded for persons with serious mental illness.

STREET OUTREACH

A team of clinicians and peers are available to connect people experiencing (or at risk of) homelessness in Baltimore to integrated behavioral health services, benefits, and housing.

- **Call 443-257-4792**
 - Be ready to provide details about where/when the team can find the person you're referring.
 - After hours, consultation is provided, with limited capacity for on-site response.
- **Email**
 - HomelessSvs@peponline.org
 - It helps if you can provide a photo or in-person introduction.
- **Walk in** to meet with a staff member
 - Mon-Fri between 8:30 am - 2 pm
 - 4201 Primrose Ave.

QUESTIONS?

CONTACT US



Behavioral Health System
Baltimore

*Envisioning a city where people live
and thrive in communities that
promote and support behavioral
health*

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