

# MENTAL HEALTH SERVICES

## HRSA Description (2-1-2016)

*Mental Health Services* are the provision of outpatient psychological and psychiatric screening, assessment, diagnosis, treatment, and counseling services offered to clients living with HIV. Services are based on a treatment plan, conducted in an outpatient group or individual session, and provided by a mental health professional licensed or authorized within the state to render such services. Such professionals typically include psychiatrists, psychologists, and licensed clinical social workers.

## Key Service Components

Mental Health Services utilizes clinical behavioral health interventions and other mental health specialty care to promote ongoing adherence to HIV primary medical care and support services, and maximize positive health outcomes. Interventions are driven by a treatment plan that must be updated every six months, or more frequently if needed. Services are allowable only for eligible individuals living with HIV.

See *Psychosocial Support Services*.

## Qualifications

| Competencies, Knowledge and Skills   | Evaluation/Documentation  |
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| Services are provided by licensed mental health professionals, in accordance with State and Local laws (e.g. LCSW-C, LCSW, LGSW, LCPC, LGPC, Psy D, etc.). | A copy of the current license must be available upon request  |
| Has direct experience providing ongoing mental health services for individuals living with HIV   | Demonstrated competencies, knowledge and skills must be available upon request (e.g. participation in training, formal supervisory review, direct observation, case review, etc.) |
| Knowledge of referral resources to improve HIV medical and psychosocial support for clients  | Demonstrated knowledge of community resources   |