

MEDICAL NUTRITION THERAPY

HRSA Description (2-1-2016)

Medical Nutrition Therapy includes:

- Nutrition assessment and screening
- Dietary/nutritional evaluation
- Food and/or nutritional supplements per medical provider's recommendation
- Nutrition education and/or counseling

These services can be provided in individual and/or group settings and outside of HIV Outpatient/Ambulatory Health Services.

Key Service Component

All services performed under this service category must be pursuant to a medical provider's referral and based on a nutritional plan developed by a registered/licensed dietitian. The nutrition plan must include a documented annual BIA with interpretation to monitor body cell mass. Services not provided by a registered/licensed dietitian should be considered Psychosocial Support Services under the RWHAP.

See *Food Bank/Home Delivered Meals*

Qualifications

Competencies, Knowledge and Skills	Evaluation/Documentation
Services are provided by a registered/licensed dietitian, in accordance with state and local regulations.	A copy of the current registration and license must be available upon request.
The registered/licensed dietitian has direct experience providing ongoing nutrition services for individuals living with HIV.	Demonstrated competencies, knowledge and skills must be available upon request (e.g. participation in training, formal supervisory review, direct observation, case review, etc.).