

MEDICAL NUTRITION THERAPY

HRSA Description (10-22-2018)

Medical Nutrition Therapy includes:

- Nutrition assessment and screening
- Dietary/nutritional evaluation
- Food and/or nutritional supplements per medical provider's recommendation
- Nutrition education and/or counseling

These services can be provided in individual and/or group settings and outside of HIV Outpatient/Ambulatory Health Services.

HRSA Program Guidance

All services performed under this service category must be pursuant to a medical provider's referral and based on a nutritional plan developed by the registered dietitian or other licensed nutrition professional. Activities not provided by a registered/licensed dietitian should be considered Psychosocial Support Services under the HRSA RWHAP.

See Also Food-Bank/Home Delivered Meals

Baltimore EMA Guidance

The Nutrition Care Process (NCP) must be followed to ensure high quality care.¹

Qualifications

Competencies, Knowledge, and Skills	Evaluation/Documentation
Services are provided by a registered/licensed dietitian, in accordance with state and local regulations.	A copy of the current registration and license must be available upon request.
The registered/licensed dietitian has direct experience providing ongoing nutrition services for individuals living with HIV.	Demonstrated competencies, knowledge and skills must be available upon request (e.g. participation in training, formal supervisory review, direct observation, case review, etc.).

¹ The Nutrition Care Process. Academy of Nutrition and Dietetics. <https://www.ncpro.org/nutrition-care-process>